



Early Help Offer – St Louis Catholic Primary School 2026-27



What is early help?

'Early Help' describes the type of early intervention and support that can be provided when a child or young person's needs are not being met by routine comprehensive services, but do not meet the threshold for a specialist service such as Children's Social Care. The Early Help Offer is about working with external and internal partners to help children, young people and families deal with their issues as early as possible; providing information, advice and services at the right time; supporting them to resolve their concerns as needs emerge.

The below offer does not cover everything that we do because our offer is adapted on an ongoing basis to meet the individual needs of our children in school. In addition, we reach out to external agencies to help children and their families too, including:

Suffolk Family Carers [Suffolk Family Carers | Support for unpaid family carers](#)

Sharing parenting [In The Community – Sharing Parenting](#)

Suffolk School Attendance Team Suffolk CC

Referral to seek Family Support on your behalf

Help that addresses all needs:

- Child Protection and Safeguarding policy
- Logging of concerns through MyConcern
- 4 Designated Safeguarding Leads
- CPD for all staff
- Early Help Assessment referrals
- Liaison with Family Support Team
- Liaison with Social workers
- Child in Need Plans
- Child Protection Plans
- Liaison with probation and the constabulary

Health

- Working with School nursing team
- Working with Emotional Wellbeing Hub
- Fruit and vegetable snacks provided up to Year 2
- Variety of sports clubs offered

Social, Emotional, Behaviour and Identity

- All staff Trauma-informed trained
- Boxall assessment and emotional behavioural toolkit used across school
- Senior Mental Health Lead – Mrs Kerri Conway
- 'Meet and Greet' as required
- E-safety and Mental Health Awareness

- Teaching positive behaviour through the Behaviour and Anti-Bullying Policy
- Lunchtime Play leaders
- Lunchtime sports clubs for children needing additional help at break times
- ELSA trained member of staff and Mental Health First Aiders
- Lego therapy
- Drawing and talking therapy
- Sand tray therapy
- Sensory Circuits
- Zones of regulation
- Counselling with 4YP
- Wellbeing hub – a non-classroom room to support emotional wellbeing

Learning and Education

- PSHE curriculum
- Pupil progress meetings
- Initial Records of Concern (learning) reported to SENDCo and parents
- In-school Language link trained member of staff to support Speech and Language
- Experienced staff
- Comprehensive induction program for children starting Reception class
- Pupil voice opportunities
- Pony Academy opportunities to work with ponies (by invitation)
- Forest school

Parents and Carers, Family and Environmental Factors

- Breakfast and After-school club
- Extra-curricular clubs
- Chatty Chefs Cooking Club
- Family and child cooking in St Louis Mustard Seed Kitchen
- Stay and Read sessions
- Home visits
- Pastoral meetings with families to support children's wellbeing
- Engagement with Young Carers
- Working with Education Welfare Officer
- In-school Domestic Abuse Champion
- Approachable staff who take time to listen
- Clear complaints procedure
- Active PTA
- Pre-loved uniform
- Games to use at home to support learning to share and taking turns
- Provision of clothing
- Signpost/help to apply for financial help online
- Toddler drop in for families with young children
- Holiday Clubs
- Holiday and Food club
- PTA Lego or craft drop in sessions