# St Louis Catholic Academy Newsletter May 2023 




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Year 4 had a tremendous time at Thorpe Woodlands and returned more confident having faced and conquered fears of water, heights and sleeping away from home. I am so grateful to the staff who cared for them so well on this adventure. This experience supports their transition to UKS2.

As always, our incredible PTA have been giving their time to supporting school and are planning for the Summer Fair on 7th July 2023. Please hold the date and join the PTA in the many preparations. Every penny spent goes towards supporting St Louis children. In May we took delivery of the new UKS2 outdoor gym that was part funded by this fundraising.

Our school library will be open to families to choose books after school on Monday, Tuesday and Wednesday each week. We warmly encourage you to use the school library with all your children. You can loan one book at a time but are welcome to return your child's book and collect your next one quickly.


May is the month of Mary when special devotions are performed in honour of the Blessed Virgin Mary.

KS1 led prayers during a procession with children taking flowers to our prayer garden. At the end of the day, the flowers were shared with Brampton Manor for the enjoyment of their residents.

God Bless
Sue Blakeley
Headteacher


Diary Dates


## Reception Intake

20232024
We may have spaces in September 2023 because some families plan to move out of the area before taking up their spaces. Please let your family and friends know. Our Reception children make great progress!

## Our school supports the

## CAF* ${ }^{*}$ D

Catholic Agency for Overseas Development

## Catholic life

## A Gift to all Children

In May, we took delivery of Rosary beads for all of our children to use in school.

The Catenians are working to help teachers teach children to regularly pray using Rosary. To achieve this, we are one of many schools across the country who have received beautiful new Mission Rosaries

This gift is to encourage the children to pray the Rosary regularly. Inspired by a headteacher who said, "Praying the Rosary is the best antidote to poor behaviour in the school."

Cards entitled 'How to Pray the Rosary' are enclosed with each Rosary sent, as well as 'Angelus' cards.
This apostolate is financed by voluntary donations from Catenians who wish to promote a love of this powerful and life-changing prayer amongst the young.
'The Catenian Rosary Group' has worked to distribute more than 120,000 children's Rosaries free to schools, 36,000 to prisons on request from the prison chaplains, and more than 550,000 to the missions. St Louis are delighted to receive this generous gift.


Year 6 chaplains have begun to deliver these to classes for teachers to use with the children.

## Father Leo Celebrates Mass in School

Fr Leo led a Mass for UKS2 children in the school hall with prayers and hymns led by pupils. The children shared their views about faith and how we can use our skills and talents to help wider society.

the beautiful blooms.

## Years 1 and 2 Lead Prayers to Our Lady

Our KS1 children brought beautiful flowers to lay at the feet of our statue of Mary in the Prayer Garden.

Mrs Cox later delivered the flowers to Brampton Manor Residential Home where the residents were very grateful for


We are here to help Summer 2 Term

| Acorns Nursery | Mrs Kapogianni | acorns@stlouisacademy.co.uk |
| :--- | :--- | :--- |
| Cherry | Mrs Smith | cherry@stlouisacademy.co.uk |
| Holly | Mrs Baldwin | holly@stlouisacademy.co.uk |
| Rowan | Mrs Cox | rowan@stlouisacademy.co.uk |
| Lime | Mrs Muscionico | lime@stlouisacademy.co.uk |
| Oak | Mrs Hodson | oak@stlouisacademy.co.uk |
| Sycamore | Mrs Vickerage | beech@stlouisacademy.co.uk |
| Beech | Miss Jaffe | elm@stlouisacademy.co.uk |
| Elm | Miss Spratt | hazel@stlouisacademy.co.uk |
| Hazel | Mr Mannell | larch@stlouisacademy.co.uk |
| Larch | Mrs Barlow | Mrs Phillips |
| Maple | Mrs Blakeley | sueblakeley@stlouisacademy.co.uk |
| Headteacher | Maplenite | admin@stlouisacademy.co.uk |
| Mard | Mreuisacademy.co.uk |  |

Welcome Little Friends of St Louis Stay and Play
Our stay and play session for pre-nursery families are growing If you would like to be invited, contact
acorns@stlouisacademy.co.uk
The Nursery Team and Mrs Das invite you and your friends to this group to welcome families of younger children into school for a chat and play with coffee and biscuits and the opportunity for children to mix and make new friends. It is a great way for them to meet children joining school in September in Nursery or Reception. Dates to join us are...

Tuesday 13th June
Tuesday 11th July
We have spaces available in Nursery in September 2023 for children joining Reception Class in 20242025

> New Fencing in Rayes Lane
> We understand that plans are progressing with Suffolk County Council to refurbish and enhance the fencing that separates pedestrians and horses. Whilst this is the third year that this has been promised, it does seem more likely to be implemented. You are most welcome to contact Councillor Drummond to chase this overdue improvement work.

## Free School Meals

Your child will get free school meals if you receive any of the following:
Income Support; Income-based Job Seeker's Allowance; Income-related Employment and Support Allowance; Guarantee element of State Pension Credit
Child Tax Credit but no element of Working Tax Credit and have an annual income (as assessed by HM Revenues \& Customs) that does not exceed $£ 16,190$
If you are supported under Part VI of the Immigration and Asylum Act 1999
Working Tax Credit during the four-week period immediately after your employment finishes or after you start to work fewer hours per week
Universal Credit (provided you have an annual net earned income of no more than $£ 7,400$ ( $£ 616.67$ per month), as assessed by earnings from up to three of your most recent assessment periods).
Please apply via the following link www.suffolk.gov.uk/freeschoolmeals
You can also find one off support from Suffolk Local Welfare Assistance Scheme :
https://www.suffolk.gov.uk/community-and-safety/communities/healthier/suffolk-local-welfare-assistance-scheme

Online Safety and St Louis Instagram
St Louis now has an Instagram account for us to post news each week. Miss Baxter and Mrs Burns share the role of adding news. They send out one post each day and aim to cover all phases over a school week. This means that Nursery, Reception, KS1, LKS2 and Upper KS2 aim to post one piece of news each during a school week.
The site is set up for us to post our news. You should continue to use the existing class emails and admin@stlouisacademy.co.uk with your queries.
We check that users are over 13 years old and so St Louis children who have accounts will not be able to access the site. We know that you will be showing them interesting images of school.

## Staying Safe Online

Facebook, Instagram, Snapchat, Tiktok and Twitter all have a 13 plus age rating.

## Useful guides

https://saferinternet.org.uk/
Think u Know
CEOP
https://www.thinkuknow.co.uk
NSPCC
https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/ https://www.internetmatters.org/schoolsesafety/primary/

## Parental Controls

Parental controls allow you to block and filter upsetting or inappropriate content. They work across your WiFi, phone network, individual apps and devices.

Parental controls can help you to:

- plan what time of day your child can go online and how long for
- create content filters to block apps that may have inappropriate content


## Social Media

## Conversation starters

If they use social media:

- What is your favourite app or site? What do you like about it?
- What do you think are the positives and negatives of social media? What advice would you give a friend if they were experiencing something negative on social media?
If they don't use social media:
- What social media have you heard of?
- What do you think it means to be a good friend online? And how would you deal with a disagreement online?


Pick one action to do as a family

- Visit our CEOP Education website and look for tips on how be safe when using social media.
- If your child wants to sign up to a social media account, make sure your check it out together, including the age requirements.
- If you or your child are on social media already, take some time to check friendships, privacy settings and the things you have posted. Are you happy that only the people you want to see your stuff - can see it, and have you asked the permission from others if you have shared pictures of them?


## Fun family activity

Suggest a Social. Write down names of social media platforms on sticky notes and give one to each family member to place on their foreheads. You can only ask yes or no questions to try to guess which social media platform you are. If the answer is yes, they can ask another question, if it's no, it skips to the next person.
You could ask questions such as: is this platform used mainly for sharing photos? Or is the logo for the platform blue?

For further information about this topic and more on how to keep your child safer online, visit www.thinkuknow.co.uk/parents

- manage the content different family members can see.

TWO LEVELS OF INFORMATION AS A CUIDE : THE PECI AGE LABELS
PEGI helps parents to make informed decisions when buying video games



## PTA News

## KS2 Outdoor Gym

The PTA have contributed $£ 4,000$ towards the outdoor gym on the playground. This is now very popular with Year 6 who have had exclusive access up to Summer half term as a motivator to keep producing great writing for their ongoing assessment for SATs. In Summer Term2, we'll be including Year 5 too.


Children across school are using the new table tennis table. It is proving very popular already and we are so grateful to the PTA for helping school to purchase this.

## Stikins Uniform Name Labels



These Stikins name labels for clothes and shoes are a great way to avoid your child losing their school uniform and also generates $\mathbf{3 0 \%}$ in commission for school! Here is a link with more information and how to place your order-our fundraising number is $20400 \mathrm{https}: / /$ www.stikins.co.uk/name-labels/
Each week, we collect many unlabelled items of clothing. When we find a name label, we work to unite your child with their lost property. Please buy some labels or use a laundry pen to mark up all uniform.

The PTA team is really growing now and we have a fantastic group of helpers. We are always in need of extra helping hands. Whether you have an hour or more to spare at events please let us know as we would love to have you on board email friendsofstlouis2020@gmail.com We are also in need of a parent with book keeping / accounting experience to be our Treasurer. Are you able to lend an hour or two each month to help us fulfill this role? We will be grateful for anyone who can support the fundraising with this. We anticipate holding more and more events and this role must b30th June in which we ask for donations for bottle tombola?

## ALONE WE CAN DO SO LITTLE



## TOGETHER WE CAN DO SO MUCH

Email friendsofstlouis2020@gmail.com for more info on how your parents/carers voice can be heard and what you can do to help raise funds so we can provide more opportunities for our children.

## Wear Your Own Clothes Day

The PTA wear your own clothes day for children will be held on 30th June. Please wear your own clothes and bring in donations for the bottle tombola.

Children will be sent home at the end of the day with a sweetie cup to fill for the Fair. Please return your cup filled with treats on 7th July 2023.


## Gazebos Needed

Do you have a gazebo that you could loan the PTA on 7th July so that all stalls have cover in the event of rain?

## St Louis Has Got Talent Competition

Mrs Vickerage is starting preparations for this year's talent competition that will be held during the school Fair.

HOLD THE DATE: ST LOUIS PTA SUMMER

## Annual Parent Survey Progress Report

Thank you for taking part in our annual Parent Survey. In May, Governors met to review progress with your suggested improvements. We have been busy taking action as follows:


## Staying Safe Near Horses

Children were reminded to stay calm and quiet when near the many race horses that walk beside our school. A parent addressed assembly to remind children about keeping themselves and the horses safe. Lindsay Devin from Jockey Club Estates recently explained, "The protocol for loose horses is that our team will report it over the radio so all team members are aware and they will get on site ASAP but as I am sure you can appreciate this is easier said than done in some cases. Our exits have specially designed horse traps to try and catch any loose horses but the odd horse will escape or get loose after it has left the training grounds." He went on to say, "In an ideal world it would be great to avoid the crossover of horses and children but l'm afraid it is not practical to avoid school arrival time."


The County Council plan to begin works on the upgrade to Rayes Lane on $30^{\text {th }}$ May. At this time, it will not include the long promised improvements to the barrier that separate pedestrians and horses. St Louis continues to press for these works to be carried out.

## Skillsbuilder Essential Skills -000000®

## May is Aiming High and Staying Positive month



- Our emotional responses when something goes wrong
- How to overcome the urge to give up, and instead to keep trying

Sometimes we feel disappointed, tired and fed up. We might show anger and sadness. Maybe we feel scared, anxious and frightened.

In school, we work with children to overcome these emotions and develop strategies to stay positive.

We have support from mental health first aiders and drawing and talking therapists.
Recognise emotions $\quad$ Focus on success


School Library Opening every Monday, Tuesday and Wednesday 3.30 pm to 4 pm to exchange your child's book. Please visit us soon!

enjoy a great bedtime read with teachers followed by a sit down with your families to read together. Children loved this nighttime treat last year and we are keen to make this an annual celebration of reading.

## Bedtime Story and Pizza Supper

5th July 2023 6pm to 7pm

Come back to school on 5th July to enjoy bedtime stories in pyjamas. Trina is preparing pizza for supper to welcome you.
Bring a book for the big book swap and


Can you help us?
We need metal bowls and assorted size spoons for our nursery mud kitchen.
Plants for the gardens, including vegetable plants.
Bird feeders.
Watering cans, Small trowels and gardening gloves.


## Year 4 Thorpe Woodlands Residential

Year 4 had an amazing two night stay at Thorpe Woodlands. We are so grateful to the staff team who missed their Bank Holiday break and for all the children for their courage in trying new experiences. Well done!




## Diary Dates



