



Learning to Love, Loving to Learn St Louis Catholic Academy

Autumn 1 Newsletter 1 – Friday 18th September 2026



Dear Parents and Carers

I would like to extend a very warm welcome back to all of our children and families as we begin another exciting school year. It has been wonderful to see the school buzzing with enthusiasm, energy and smiling faces.

A particularly warm welcome to our new Reception children, who have made such a positive start to their school journey, as well as the children who have joined us in other year groups. We are delighted to welcome families who are new to our school community, we hope you already feel part of our caring and faith-filled family.

The children have settled well into their new classes and are working hard with their teachers. It has been lovely to see them embracing new routines, building friendships and showing such positive attitudes to their learning. Thank you to all those parents who attended our recent Meet the Teacher meetings. We hope you found these sessions useful and informative as an opportunity to learn more about the expectations for your child's new class.

I am pleased to let you know that the website is now working properly again. Thank you for your patience, and please continue to use the website as a key source of information about school life.

As we move through the term, we look forward to working in partnership with you to ensure that every child flourishes. Thank you for your ongoing support of our school.

God bless and warmest regards,

Lucille Martin - Headteacher

Term Dates

Autumn Term 2026

Term Commences - Thursday
3rd September

Half Term - Monday 26th
October to Friday 30th October

Term Ends – Friday 18th
December

Spring Term 2027

*Staff Professional Day – Monday
4th January*

Term Commences –
Tuesday 5th January

Online Safety

Please see the attached online safety poster about the risk to children if using an app called **Amigos**.



Headteacher

Mrs Lucille Martin

Senior Leadership Team

Miss Kiri Wyatt

Mrs Kerri Conway

Mrs Phoebe Muscionico

Mrs Lisa Baldwin

Mrs Amy Du Preez

SENDCo

Mrs Kerri Conway

Our Classes

Acorns – Mrs Sharon Parnell
Mrs Jocelyn Banks

Fig - Mrs Lisa Baldwin
Miss Katie Mitchell

Olive - Mrs Martina Marino
Mrs Kay Fasulo

Cedar - Miss Aysha Allen

Pine – Mrs Antoinette Brankin

Oak - Mrs Dawn Vickrage

KS1 TAs - Mrs Vikki Weston-Mann
Mrs Sharon Turner

Almond - Mrs Stephanie Foster
Mrs Alice Lebbon

Palm - Mrs Phoebe Muscionico

Sycamore – Mrs Zoe Burgess

LKS2 TAs - Mrs Shelley Bosley
Mrs Mary Sheridan
Mrs Catherine Humphries
Miss Jade Baxter

Juniper - Mrs Amy DuPreez

Myrtle - Mrs Sarah Fitch

Cypress - Miss Kiri Wyatt

UKS2 TAs - Mrs Amanda Challis
Mrs Katherine Ashen
Mrs Claire Gilroy
Miss Emma Woodhall

First Holy Communion Enrolment Now Open

Enrolment for First Holy Communion has now commenced. Application forms are available from the Parish Centre Office, on the parish website, or attached to this message. If your child is eligible to enrol, please complete the form in full and provide a copy of your child's Baptism certificate. All documentation should be submitted to the Parish Centre Office no later than **1st December 2026**.



Thank you for your cooperation.

Kasia

Headteacher Awards



Stars of the week



Cedar	Henry	Albie
Pine	Ollie	Pippa
Oak	Alice	Jaisvikaa

Almond	Tymek	Violet
Palm	Ceadaoín	Lily-Ann
Sycamore	Mila	Benji
Juniper	Monty	George
Myrtle	Edie	Keira
Cypress	Ziva	Ella

Cedar	Hugo S	Florence
Pine	Jamie	Harmain
Oak	Grace	Cillian

Almond	Diana	Moirá
Palm	Eddie	Naila
Sycamore	Ashton	Leo F
Juniper	Milliana	Chloe
Myrtle	Bella	Fabian
Cypress	Jordan	Clara

Winner of the Golden Boot:

Albie

What Parents & Carers Need to Know about

AMIGO

Amigo is a social platform which purports to connect strangers from around the world – and, with built-in translation software, it reduces the expected language barriers. Focusing heavily on one-to-one chat, video calls and live streams, Amigo encourages its users to build up online relationships and unlock exclusive features such as private video and audio calls: essentially, the more that people chat, the more functions become available to them. This is an app designed with mature users very much in mind and is therefore definitely not recommended for children.

AGE RATING

18

WHAT ARE THE RISKS?

ONE-TO-ONE COMMUNICATION

While online chats and livestreaming are a great way to communicate with people that children can trust (such as friends and family), Amigo encourages users to connect with complete strangers and develop a friendship through private chats, calls and videos. This will be a clear red flag for most parents, due to the possibility of a child encountering inappropriate content or an online predator.

INAPPROPRIATE CONTACT

Within minutes of signing up for our trial of Amigo (and without using a profile photo), users of the opposite sex were messaging with suggestive statements such as "You're just my type" and "Let's have fun". While the app's stated intent is to help people build friendships, some users obviously seek to take those relationships in a more mature and amorous direction.

MEMBERSHIP COSTS

Like many apps that are free to download, Amigo's business model is centred on in-app purchases. Users are encouraged to pay for VIP membership – enabling them to send more messages each day and boosting their profile's visibility. People can also buy coins (again, for real money) which allow them to send virtual gifts and further increase the number of messages they can send daily.

LACK OF AGE VERIFICATION

Amigo makes no secret of the fact that it's for people aged 18 or above. There's no age verification, however, so a young person could simply sign up under a false date of birth. The app's algorithm claims to match users of similar ages (making them more compatible), but either the algorithm isn't very reliable, or most users have entered a fake age which doesn't correspond with their profile pic.

REWARDS FOR REPEATED USE

Amigo gifts virtual coins to users if they reply to messages within 10 seconds, while there are also daily rewards for posting comments, sharing a video, getting likes or simply opening the app. It also encourages increasing 'intimacy levels' with other users to unlock extra features: once someone's online 'friendship' reaches intimacy level 3, they can hold one-to-one video calls with each other.

Advice for Parents & Carers

MONITOR DOWNLOADS

As well as frequent catch-ups with your child about what they've enjoyed doing online, you could consider taking the additional step of physically checking their phone every so often to see which apps they've installed. The safest option could be to enable 'ask to buy' (Apple) or 'purchase approvals' (Android) on their device, meaning your authorisation is needed to download any apps.

RESPECT AGE RESTRICTIONS

Apps have age restrictions for a reason, and Amigo is very definitely a mature content platform. Given that many of Amigo's users apparently use a bogus date of birth, you might want to remind your child about the implications of setting up a fake profile – such as being exposed to messages and videos that make them feel uncomfortable or feeling pressured into chatting with strangers.

BLOCK, REPORT, DISCUSS

Many children already know that connecting with strangers online is dangerous, but it never hurts to refresh their memory. Whatever communication apps your child uses, make sure they're fully aware that if anything online makes them feel uncomfortable, scared or upset, then they can block the user responsible, report the content, take a screenshot as evidence and come to tell you straight away.

ACTIVE LISTENING

If your child does approach you with a concern, make time to stop what you're doing and actively listen. Let them talk without interrupting or showing any judgement, then discuss their options and the possible solutions: this empowers them and reassures them that you're there to be supportive. If the issue is one that has put your child at risk, however, you may wish to contact the police.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National
Online
Safety®

#WakeUpWednesday

Physical activity

for children and young people (5-18 Years)



Builds
**Confidence &
Social Skills**



Strengthens
Muscles & Bones



Maintains
**Healthy
Weight**



Develops
Co-ordination



Improves
Health & Fitness



Improves
Sleep



Improves
**Concentration
& Learning**



Makes
**You Feel
Good**

Be physically active

60
minutes

Aim for an average of at least

per day across the week

Spread activity
throughout the day



Play



Walk / Run



Swim



Skate



Skip



Climb

Activities to
develop
movement
skills, and
muscle and
bone strength

**ACROSS
WEEK**

All activities should make you
breathe faster & feel warmer



Bike



Active Travel



Sport



PE



Workout



Dance

Reduce
inactivity



**Get strong
Move more**

Increase
activity



Find ways to help all children and young people accumulate an average
of at least 60 minutes physical activity per day across the week

Physical activity for early years

(birth - 5 years)

Active children are healthy, happy,
school ready and sleep better



Builds
**Relationships
& social skills**



Maintains
Health & weight



Contributes to
**Brain development
& Learning**



Improves
Sleep



Develops
Muscles & Bones



Encourages
**Movement
& Co-ordination**

Every movement counts



Tummy time



Object play



Play



Playground



Climb



Messy play



Walk



Dance



Skip



Jump



Throw/catch



Swim



Games



Scoot

Get Strong. Move More. Break up inactivity



Have Fun!

**The perfect way
for girls aged 5-11
to get involved
with football**



ENGLAND
FOOTBALL



TIME AND DATE

Mondays, 17:30 - 18:30



LOCATION

Burwell Sports Centre

WHO WE ARE

Burwell Football Club



NEXT STEPS

head to www.EnglandFootball.com/WeetabixWildcats or scan the QR code on the right to book.

SCAN ME:



COST

£2 per session



MORE THAN JUST
JIU JITSU.
CONFIDENCE.
RESPECT.
DISCIPLINE.



Alliance Brazilian Jiu Jitsu is a modern martial arts club dedicated to helping children and adults grow on and off the mats.



**CLASSES FOR
KIDS • TEENS • ADULTS**
ALL AGES & SKILL LEVELS WELCOME



FLEXIBLE TIMETABLE
GI & NO-GI CLASSES
BEGINNERS WELCOME

JIU JITSU BUILDS MORE THAN SKILLS.



BUILD CONFIDENCE
Develop self-belief
and a positive
mindset.



RESPECT & DISCIPLINE
Learn the value of
respect, focus and
self-control.



MAKE FRIENDS
Be part of a supportive,
team-orientated
community.



STAY ACTIVE
Improve fitness, coordination
and overall wellbeing in
a safe environment.



**CLASSES HELD AT
THE RACING CENTRE, NEWMARKET**



**CONTACT US TODAY TO FIND OUT MORE OR
TO ARRANGE A FREE TRIAL CLASS!**



EMAIL
alliancebjjclub@gmail.com



INSTAGRAM
[@alliancebjjclub](https://www.instagram.com/alliancebjjclub)

**WE CAN'T WAIT TO WELCOME
YOU TO THE ALLIANCE FAMILY!**

TRAIN. LEARN. GROW. TOGETHER.



LEARN & PERFORM
**THE ICONIC
BEAT IT**
DANCE for **ages 7 - teens**

 **Exning Community Church Hall**



DETAILS:

More than a dance workshop, this is your chance to step into Michael Jackson's *Beat It*. Led by MJ's Impersonator, you'll learn iconic choreography, build confidence, make friends, and perform the routine at the end of the day. Perfect for MJ fans and dancers alike, it's an unforgettable way to develop your skills and unleash your inner performer.

WHEN:

- **Friday, 30th October**
- **10:00am-3:00pm** (performance at 3:00pm)

PRICE:

- **£40** Regular Price
- **£35** Sibling Discount
- **£30** Special Discount
(for Summer Camp attendees only)



**SCAN TO BOOK
YOUR SPOT**

SECURE YOUR SPACE NOW FOR THE BEAT IT WORKSHOP!

CONTACT US:  07957460928  info@mandlschoolofperformingarts.com



La Jolie Ronde Fun French for Children

AFTER-SCHOOL FRENCH CLASSES AT ST LOUIS CATHOLIC ACADEMY

Dear Parents and Carers

I am delighted to confirm that *La Jolie Ronde* French lessons for KS1 at St Louis will resume on Wednesday 16th of September this term.

Classes are held after school on Wednesdays from 3:25-3:55 pm and are open to new joiners as well as returning pupils.

Lessons are 30 minutes in duration at a cost of £7.50 per lesson (+ £18 for the accompanying interactive book & app that will last for at least one year) payable termly in advance. We have lots of fun with age-appropriate games, rhymes, role plays and stories and each pupil receives plenty of individual attention in a friendly and supportive environment.

Children at this age have the ability to quickly pick up a second language and the programme is designed to enhance their confidence and challenge them so that they can excel at French and develop their language skills to the highest level possible.

Places are limited so please contact me directly for further information and to reserve a space for your child.

John McCambridge



For further information and to book a place, please email

j.mccambridge@hotmail.com

or call [07812645209](tel:07812645209)

Hope Support Services

help@hopesupport.org.uk

FREE & CONFIDENTIAL ADVICE

All our support is confidential and completely FREE

ONE TO ONE SUPPORT

Get one to one support when it is needed and for as long as it is needed

PEER TO PEER SUPPORT

Talk with other young people who have gone through a similar experience

A FULLY DIGITAL SERVICE

You can access the service using text, audio or video.



If you're aged 5-25, live in the UK and have a loved one who is seriously ill, we're here for you!

To find out more call 01989 566317 or visit www.hopesupport.org.uk/support



HOPE
Support Services

Hope Support Services
Over Ross House
Ross on Wye
HR9 7US